

Dawson 4-H October Newsletter



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4-H Club Meeting

Sunday, October 4th, we will hold our regular 4-H Club monthly meeting at 2:00 at our new office 901B South Houston Ave. (Just west of the Dawson County Fair Barn).

We are collecting PEANUT BUTTER for the food bank for October and November. So please bring jars!

Food Project Meetings

October 1st
October 8th
October 22nd
October 29th

These meetings will be held at the Dawson County Extension Office 901B South Houston Ave. (Just west of the Dawson County Fair Barn)

County Food Show

October 24th
10:00 a.m.
At the
Dawson County Extension Office

November 8th

District Food Show and Nutritional Quiz Bowl in Levelland

Livestock Information

Lamb and Goat Validation
5:00 P.M.
October 27th

**November 10th
Tuesday Evening
Livestock Show Meeting
Signup Night for all major shows.**

THIS WILL BE THE ONLY DAY THAT YOU WILL HAVE THE OPPORTUNITY TO SIGN UP FOR ALL MAJOR SHOWS! NO EXCEPTIONS UNLESS YOU COME EARLIER TO THE OFFICE TO PROVIDE THE INFORMATION ON WHICH SHOWS YOU WILL BE ATTENDING.

Other 4-H Activities

1. **Community Service Opportunity**
October 6th

Meet at Northridge Retirement Center at 4:30 p.m. to deliver food boxes to residents

2. **Community Service Opportunity**
October 10th

Meet at the Courthouse at 10:00 a.m. for One Day 4-H Tree Planting

3. **Tour of Claibornes- 3:00 p.m. –**
October 12th

No School this day.

4-H Motto and Pledge

In support of the 4-H Club Motto,



"To Make the Best Better"



I Pledge:

**My HEAD to Clearer Thinking,
My HEART to Greater Loyalty,
My HANDS to Larger Service, and
My HEALTH to Better Living,
For My Club, my Community,
my Country, and my World.**



No birthdays for the month of October!

!!FUNDRAISER!!

The Dawson 4-H Schwans Fundraiser starts September 1st!
Please share on Facebook, Twitter, email, word of mouth or stop by and pick up some flyers to hand out.

I am asking people if they already order from Schwan's then if they say yes tell them about this, that way people don't feel like I am pressuring them to buy if they don't want to. I have passed out flyers to several already; people at school, church, work, family or if you see the Schwan's truck in your neighborhood are some ideas to ask.

Last I had heard Crosby 4-H earned \$1,016 and their campaign wasn't over yet!

Here are two ways to support us!

Order Online:

1. Visit Schwans-Cares.com
2. Enter Campaign ID: **21810** into the search box located in the upper right hand corner then click to open campaign.
3. Click "Shop to Give" and then select either the "Buy Now" or "Shop Now" option.
4. Proceed to complete your order and submit.

Order by Phone:

Call 1-855-870-7208 and provide Campaign ID: **21810**



What's in Season?

Zucchini Squash

Zucchini Squash is one of the most popular varieties of squash. It is a versatile vegetable that is low in saturated fat and sodium, and very low in Cholesterol.

Squash is also a good source of Protein, Vitamin A, Thiamin, and other nutrients, including Dietary Fiber.

Zucchini are available year-round, but are best during late Spring and Summer. When selecting a Zucchini, choose small to medium-sized zucchini that have shiny, bright green skin. It should be firm and heavy in hand. Avoid overly mature, large zucchinis with pitted, spongy skin. Zucchini should be stored in the vegetable compartment of the refrigerator for 2-3 days.



October

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Food Project - 5:00-6:30 at the Dawson County Extension Office 901B South Houston Ave.	2	3
4 4-H Club Meeting at the Dawson County Extension Office - 901B South Houston at 2:00 p.m.	5	6 Community Service Opportunity- Meet at Northridge Retirement Center to deliver food to residents. 4:30 p.m.	7	8 Food Project - 5:00-6:30 at the Dawson County Extension Office 901B South Houston Ave.	9	10 Community Service Opportunity- Meet at the Courthouse at 10:00 a.m. for One Day 4-H Tree Planting
11	12 Four of Clairbornes - 3:00 p.m. - No School this day	13	14	15	16	17
18	19	20	21	22 Food Project - 5:00-6:30 at the Dawson County Extension Office 901B South Houston Ave.	23	24 County Food Show - 10:00 a.m. - at the Dawson County Extension Office
25	26	27 Lamb and Goat Validation at 5:00 p.m. at the Dawson County Fair Barn	28	29 Food Project - 5:00-6:30 at the Dawson County Extension Office 901B South Houston Ave.	30	31